





















VELOCITY SPORTS CAMP

Drop-off: 9AM

Pick-up: 4PM

JUNIOR CAMP

Daily Reminders: Please bring indoor and outdoor clothing, indoor shoes with non-marking soles, a labelled water bottle, sunscreen, and an extra change of clothes.

	Mon. July 9	Tues. July 10	Wed. July 11	Thurs. July 12	Fri. July 13
Morning	Icebreakers  Soccer 	Zumba  Basketball 	Group Games  Running Games 	Teamwork Games  Outdoor Play 	Challenge Activity  Water Games 
Afternoon	Red Ball Tennis  Ball Games 	Badminton  Squash 	Red Ball Tennis  Table Tennis 	Dodgeball  Squash 	Red Ball Tennis  Awards 

All lunches prepared by:



Remember to bring your bathing suit and towel for FRIDAY!

BRING TO CAMP:

- Indoor shoes (with non-marking soles)
- Outdoor shoes
- Labelled water bottle
- Hat
- Sunscreen
- Change of clothes

SPECIAL DAYS:

NEW THIS YEAR: **WEDNESDAY is Theme Day** for our Kinder Campers! Campers are encouraged to dress up in a costume, or clothes related to the theme of the week!

FRIDAY is Water Fun day! Please pack a bathing suit, towel and shoes that can get wet!

LUNCHES:

Our lunches are also served with fruit or veggies!

- Monday:** Chicken Finger and Fries
Tuesday: Pancakes and Sausage
Wednesday: Beef Sliders
Thursday: Turkey and Cheddar Sandwiches
Friday: Pizza

SUMMER CAMP HOURS:

- EXTENDED CARE MORNING:** 7:30-9:00am
DROP-OFF: 9:00am
PICK-UP: 4:00pm*
EXTENDED CARE AFTERNOON: 4:00-5:30pm

*Only adults authorized on the camper's registration form may pick up.

Going To Be Late or Miss Camp? If your child is going to be late or miss camp for a day please call the club to inform us at 519-942-2255.