





















VELOCITY SPORTS CAMP

Drop-off: 9AM

Pick-up: 4PM

SENIOR CAMP

Daily Reminders: Please bring indoor and outdoor clothing, indoor shoes with non-marking soles, a labelled water bottle, sunscreen, and an extra change of clothes.

| | Monday, July 9 | Tuesday, July 10 | Wed. July 11 | Thursday, July 12 | Friday, July 13 |
|------------------|---|--|---|---|---|
| Morning | Icebreakers  | Zumba  | Experiments  | Teamwork Games  | Challenge Activity  |
| | Basketball  | Soccer  | Running Games  | Group Games  | Water Games  |
| Afternoon | Badminton  | Dodgeball  | Table Tennis  | Indoor Sport  | Orange Ball Tennis  |
| | Orange Ball Tennis  | Squash  | Orange Ball Tennis  | Squash  | Awards  |

All lunches prepared by:



Remember to bring your bathing suit and towel for FRIDAY!

BRING TO CAMP:

- Indoor shoes (with non-marking soles)
- Outdoor shoes
- Labelled water bottle
- Hat
- Sunscreen
- Change of clothes

SPECIAL DAYS:

NEW THIS YEAR: **WEDNESDAY is Theme Day** for our Kinder Campers! Campers are encouraged to dress up in a costume, or clothes related to the theme of the week!

FRIDAY is Water Fun day! Please pack a bathing suit, towel and shoes that can get wet!

LUNCHES:

Our lunches are also served with fruit or veggies!

- Monday:** Chicken Finger and Fries
Tuesday: Pancakes and Sausage
Wednesday: Beef Sliders
Thursday: Turkey and Cheddar Sandwiches
Friday: Pizza

SUMMER CAMP HOURS:

- EXTENDED CARE MORNING:** 7:30-9:00am
DROP-OFF: 9:00am
PICK-UP: 4:00pm*
EXTENDED CARE AFTERNOON: 4:00-5:30pm

*Only adults authorized on the camper's registration form may pick up.

Going To Be Late or Miss Camp? If your child is going to be late or miss camp for a day please call the club to inform us at 519-942-2255.