



Headwaters **Racquet Club**

tennis · squash · fitness

JUNIOR MEMBERSHIPS



Our junior memberships
are now **BETTER THAN EVER!**

> **WITH THE ADDITION** of our **new B.A.M. fitness classes** to our group class schedule kids will want to **Bust A Move** like never before! All B.A.M. classes are for ages 8 – 13 years.



WHAM B.A.M. Pump up the jam in this cardio conditioning class guaranteed to raise your heart rate and make you sweat.



SUPER B.A.M. This class will introduce participants to a variety of muscle strengthening and conditioning exercises.



B.A.M. VITALITY Improve flexibility, core strength and posture in this sweat & stretch total body workout.

> **JUNIOR MEMBERSHIP PRIVILEGES:**

- All you can play squash
- All you can play outdoor tennis
- No hold fees

For membership information contact Jessica at Jessica@headwatersracquetclub.com

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