



Members of the Month

Rachel & Brad Atkinson

Rachel and Brad are one of HRC's True Love Stories! Rachel and Brad met here at **The Edge Wine Bar And Grille**. There is still an ongoing debate as to who made the "first move." They have been together for 5 years and have just recently tied the knot on November 12th.

Rachel regularly participates in **Tennis Bootcamp** and Brad is very active on the courts playing in our **Singles League** and actively plays with other members. Most importantly, they both love the tremendous friendships they have forged together with many of the members of the club.

Congratulations to you both on your recent marriage!

Winter Group Fitness Schedule

Pick up a **new Winter Group Fitness Schedule** and start scheduling these classes into your calendar!

Group Fitness Class Launches!

Keep your eyes out for launch date posters upstairs and get ready to move with **new Mossa music & movements!**

Christmas Spirit!

Check out our Staff who got into the Christmas Spirit!



SPA ZONE Presents...

Winter Skin Care Seminar

Thursday January 26th @ 7:30pm

Even during the winter, your skin can feel soft & supple! Pre-register at the Front Desk.

Everyone will leave with a swag bag!



betterbodychallenge

It's Finally Here!!!

Registration opens on **Tuesday January 3rd at 9am** until **Thursday January 5th at 5pm.**

Raptors Raffle!

2 Sets of Raptors tickets are available to win! All proceeds for this raffle go to **Big Brothers & Sisters!** Get your tickets at the Front Desk. Raffle will be drawn on **January 24th** at 9am.



Lole Power-Up Event!

Thank you for coming out to this fun night! Congrats to **Lauren** for winning our door prize!



The Core: Yoga Workshop!

Tuesday January 24th from 7pm-9pm

Don't miss this popular yoga workshop! Pre-register at the Front Desk.

FREE to Members!

