



## Members of the Month

## Rachel & Brad Atkinson

**Rachel and Brad are one of HRC's True Love Stories!** Rachel and Brad met here at **The Edge Wine Bar And Grille**. There is still an ongoing debate as to who made the "first move." They have been together for 5 years and have just recently tied the knot on November 12th.

Rachel regularly participates in **Tennis Bootcamp** and Brad is very active on the courts playing in our **Singles League** and actively plays with other members. Most importantly, they both love the tremendous friendships they have forged together with many of the members of the club.

**Congratulations to you both on your recent marriage!**

## Winter Group Fitness Schedule

Pick up a **new Winter Group Fitness Schedule** and start scheduling these classes into your calendar!

## Group Fitness Class Launches!

Keep your eyes out for launch date posters upstairs and get ready to move with **new Mossa music & movements!**

## Christmas Spirit!

Check out our Staff who got into the Christmas Spirit!



**SPA ZONE** Presents...

## Winter Skin Care Seminar

Thursday January 26th @ 7:30pm

Even during the winter, your skin can feel soft & supple! Pre-register at the Front Desk.

Everyone will leave with a swag bag!



## betterbodychallenge

## It's Finally Here!!!

Registration opens on Tuesday January 3rd at 9am until Thursday January 5th at 5pm.

## Raptors Raffle!

**2 Sets of Raptors tickets are available to win!** All proceeds for this raffle go to **Big Brothers & Sisters!** Get your tickets at the Front Desk. Raffle will be drawn on **January 24th** at 9am.



## Lole Power-Up Event!

Thank you for coming out to this fun night!  
Congrats to Lauren for winning our door prize!



## The Core: Yoga Workshop!

Tuesday January 24th from 7pm-9pm

Don't miss this popular yoga workshop! Pre-register at the Front Desk.

**FREE to Members!**

