



Check out this Group of Women who call themselves "HRC Gals!"

## We want to hear from you!

Send us your HRC selfie pics with you and your HRC pals, show us why you work and play at HRC, tell us what you have been up to in the community. Email all info to Jessica, [jessica@headwatersracquetclub.com](mailto:jessica@headwatersracquetclub.com)

We can't wait to hear from you!

## Show your Spooky Spirit!

Wear a costume on Monday October 31st and receive a ballot for a chance to win a \$25 Gift Card for The SHOP!

## Gobble Gobble!

Please note HRC will be closed on Monday October 10th. We are so thankful to have such amazing members! We wish you and your family a happy thanksgiving!

## Back By Popular Demand!

### Yoga Workshop - Sticky Hips

Tuesday October 25th 7pm-9pm  
Free To Members! Guest Fee: \$20 (+HST)



**SPA ZONE** Presents...

### The Skin Bar Seminar

Thursday October 13th @ 7:30pm

Each person will leave with a SWAG bag!

## Please Note:

Tennis Court Fees are increasing on October 1st and Biweekly Membership Dues are increasing on October 17th.

## Kids Fitness Classes...

are Back in Full Swing! It's not too late to purchase a kids fitness package!

## Winter Hours are here!

October 1st, 2016 – May 31st, 2017

Monday	5:30am – 10:00pm
Tuesday	5:30am – 10:00pm
Wednesday	5:30am – 10:00pm
Thursday	5:30am – 10:00pm
Friday	5:30am – 9:00pm
Saturday	7:00am – 6:00pm
Sunday	8:00am – 4:00pm



# HRC IS GOING *paperless!*

Please ensure we have your current email address on file as HRC will now be using email to let you know about upcoming offers, membership renewals and price changes.

Thank you for allowing us to stay green and use technology to serve you better!

## Kids Korner!

# kids night out

Ages 4-6, 7 & 8, 9-11

Would you like to go out for a quiet dinner or get a project done but need a sitter? LET US ENTERTAIN YOUR KIDS!

Friday October 21st – Indoor Camp Fire Activities  
5:30pm-8:30pm

### INCLUDES:

Pizza Dinner, Awesome Programming, Evening Snack

\*Advanced Registration must be 48 hours prior.

