



Headwaters **Racquet Club**

tennis · squash · fitness

**WHAT IS**

**Zumba?**



This frequently asked question can be summed up in one sentence:

**ZUMBA is a workout  
disguised as a CARDIO PARTY.**

> **DANCE YOUR WAY** to fitness as you sweat away the fastest hour you've ever spent in the gym while we SALSA, MERENGUE, CHA CHA, HIP HOP, and so much more!

Find out why ZUMBA has been the hottest thing to hit the fitness industry for over a decade.

Check the schedule for class dates and times.

**Never tried Zumba? Ask the staff how you can get your FREE pass.**