





















VELOCITY SPORTS CAMP

Drop-off: 9AM

Pick-up: 4PM

JUNIOR CAMP

Daily Reminders: Please bring indoor and outdoor clothing, indoor shoes with non-marking soles, a labelled water bottle, sunscreen, and an extra change of clothes.

	Mon. Aug. 27	Tues. Aug. 28	Wed. Aug. 29	Thurs. Aug. 30	Fri. Aug. 31
Morning	<p>Icebreakers</p>  <p>Running Games</p> 	<p>Zumba</p>  <p>Soccer</p> 	<p>Teamwork Games</p>  <p>Outdoor Sport</p> 	<p>Group Games</p>  <p>Basketball</p> 	<p>Paper Plane Challenge</p>  <p>Water Games</p> 
Afternoon	<p>Red Ball Tennis</p>  <p>Indoor Sport</p> 	<p>Table Tennis</p>  <p>Squash</p> 	<p>Red Ball Tennis</p>  <p>Badminton</p> 	<p>Dodgeball</p>  <p>Squash</p> 	<p>Red Ball Tennis</p>  <p>Awards</p> 

All lunches prepared by:



Remember to bring your bathing suit and towel for FRIDAY!

BRING TO CAMP:

- Indoor shoes (with non-marking soles)
- Outdoor shoes
- Labelled water bottle
- Hat
- Sunscreen
- Change of clothes

SPECIAL DAYS:

NEW THIS YEAR: **WEDNESDAY is Theme Day** for our Kinder Campers! Campers are encouraged to dress up in a costume, or clothes related to the theme of the week!

FRIDAY is Water Fun day! Please pack a bathing suit, towel and shoes that can get wet!

LUNCHES:

Our lunches are also served with fruit or veggies!

- Monday:** Picnic Plates
Tuesday: Soft Tacos
Wednesday: Chicken Burger
Thursday: Grilled Cheese
Friday: Pizza

SUMMER CAMP HOURS:

- EXTENDED CARE MORNING:** 7:30-9:00am
DROP-OFF: 9:00am
PICK-UP: 4:00pm*
EXTENDED CARE AFTERNOON: 4:00-5:30pm

*Only adults authorized on the camper's registration form may pick up.

Going To Be Late or Miss Camp? If your child is going to be late or miss camp for a day please call the club to inform us at 519-942-2255.